

ALCOHOLIC DRINKS



APEROL SPRITZ
wine Prosecco **CINZANO**
Aperol
mineral sparkling
water Kropla Délice
ice cubes
slice of orange

35 zł



BACARDI COLA
Rum Bacardi
lime pieces
Coca - Cola

35 zł



GIN TONIC
gin **BULLDOG**
lemon juice
Kinley Tonic Water

35 zł



MOJITO
Rum Bacardi
brown cane sugar
mineral sparkling
water Kropla Délice
lime pieces
mint

35 zł



CAMPARI
Campari
orange juice Cappy
orange pieces

35 zł



FREGATA
LAKE CLUB

MENU

SPRING | SUMMER

Coca-Cola

Please note that the dishes may contain allergens; you can find their detailed list in a separate sheet available at the bar. Please ask the staff.

©2021 The Coca-Cola Company. Wszelkie prawa zastrzeżone.
COCA-COLA, FANTA, SPRITE, KINLEY, CAPPY oraz BUTELKA KONTUROWA
są zastrzeżonymi znakami towarowymi The Coca-Cola Company.
©2021 DP Beverages. FUZE TEA jest zastrzeżonym znakiem towarowym DP Beverages.



ENG

STARTERS

Campfire potato herring tartar sauce	100g 150g	30 zł
Beef tenderloin carpaccio arugula parmesan herbed toast	65g 135g	38 zł
Smoked beef tartare brown butter toast	100g 100g	38 zł

SOUPS

Served in baked bread with garlic sauce

Old Polish sour soup with egg and white sausage OUR BESTSELLER FOR 19 YEARS	350 ml	25 zł
---	--------	-------

Served traditionally on a 350ml plate

Old Polish sour soup with egg and white sausage	350 ml	16 zł
Broth of four types of meat with homemade noodles SATURDAY, SUNDAY	350 ml	18 zł
Fish soup with seafood baguette	350 ml	25 zł
Seasonal soup PLEASE ASK WAITER	350 ml	

PASTAS

Spaghetti carbonara with bacon from our smokehouse parmesan	380g	38 zł
Tagliatelle with salmon champignons cherry tomatoes cream sauce green peas fresh spinach parmesan	380g	38 zł
Spaghetti with shrimps garlic chilli butter-chive sauce parmesan	380g	38 zł

MEAT DISHES

Half a duck roasted in Porto and oranges potato dumplings red cabbage cherry sauce	500g 100g 100g	53 zł
Pork shank roasted in beer sautéed cabbage campfire potato	500g 100g 100g	48 zł
Traditional pork chop champignons campfire potato salad	250g 100g 100g 50g	45 zł

FISH DISHES

Smoked trout from our smokehouse campfire potato seasonal salad tzatziki sauce	250g 100g 100g	48 zł
Salmon fillet with white vegetable sauce rice Romanesco broccoli baby carrot	170g 100g 100g	44 zł
whole roasted European bass grilled vegetables campfire potato	250g 150g 50g	48 zł

HOMEMADE DUMPLINGS

Dumplings with potato and cottage cheese stuffing caramelized onions sour cream	350g	25 zł
Dumplings with spinach gorgonzola sauce	350g	25 zł

SALADS

Classic Caesar salad turkey Portuguese prosciutto herbed toast	300g	38 zł
Fresh salads with eco-cheese seasonal vegetable seasonal fruits ciabatta	300g	38 zł

FOR THE KIDS

Turkey nuggets French fries ketchup	300g	20 zł
Dumplings with potato and cottage cheese stuffing caramelized onions sour cream	350g	25 zł
Steakhouse fries ketchup	150g	10 zł

DESSERTS

Cheesecake with meringue	150g	18 zł
Homemade cake PLEASE ASK WAITER	150g	18 zł
Hot apple pie ice cream scoop whipped cream	150g 50g	20 zł
Pavlova meringue with vanilla mascarpone ice cream scoop seasonal fruits fruit sauce	280g 50g	27 zł
FRIGATE ice cup XL seasonal fruits crumble topping meringue fruit sauce whipped cream	3x 50g 60g	25 zł

Please ask about additional seasonal MENUS or MENU of the Day.



For evenings with wine, we recommend our special DESK
of organic cheeses and cold cuts from ECO-bazaar
and smoked meats straight from our smokehouse | **HERBAL TOASTS**
40 zł / person

HOT BEVERAGES

Red white mulled wine	200 ml	18 zł
Black tea with Galeon rum	200 ml 20 ml	18 zł
Blooming teas NEWBY	600 ml	25 zł
Butterfly tea – blue magic	200 ml	15 zł
"RICHMONT" TEAS SERVED IN A JUG, DIFFERENT FLAVORS See separate tea card for details	350 ml	14 zł

SEGAFREDO ZANETTI COFFEES

Espresso	40 ml	12 zł
Americano (with or without milk)	120 ml	12 zł
Double espresso	80 ml	18 zł
Cappuccino	320 ml	18 zł
Latte	290 ml	18 zł
Baileys coffee whipped cream	180 ml 20 ml	24 zł
ICE Cafe cold milk coffee ice cream whipped cream	330 ml	20 zł

COLD BEVERAGES

Homemade compote	200 ml	7 zł
Frigate ICE Tea	250 ml	14 zł
Seasonal lemonade	250 ml	15 zł
Freshly squeezed fruit juice	150 ml	17 zł
Juice boxes: orange, apple, grapefruit, banana, black currant	250 ml	9 zł

	250 ml	9 zł
--	--------	------

Tonic Water, Bitter Lemon, Bitter Rose, Virgin Mojito	250 ml	9 zł
---	--------	------

sparkling water still water	330 ml 750 ml	7 zł 11 zł
-------------------------------	-----------------	--------------

Black Ice Tea Lemon Lemongrass, Black Ice Tea Peach Hibiscus	250 ml	9 zł
---	--------	------

orange, apple, multivitamin, black currant, grapefruit, tomato	250 ml	9 zł
---	--------	------

energy drink	250 ml	18 zł
--------------	--------	-------

BEER

We offer a wide selection of beer from the Tucher Brewery
SEE SEPARATE CARD FOR DETAILS

WINE

Specially selected best wines, composed to emphasize
the taste of our dishes and provide you
with a feast for the taste buds
SEE SEPARATE CARD FOR DETAILS

SPIRITS

VODKAS	40 ml	RUM	40 ml
Nemiroff	11 zł	Bacardi White	18 zł
Nemiroff Citron Cranberry	13 zł	Havana Club	20 zł
Finlandia	15 zł	Abuelo Agnostura	23 zł
Absolut	12 zł		
Żubrówka	12 zł		
Flavored vodkas cherry quince black currant walnut	12 zł		

In addition, for connoisseurs of the taste
of maritime rums we have real treasures
from the collection of pinot Wine&Spirits
SEE RUM CARD FOR DETAILS

VERMOUTH	80 ml	WHISKY	40 ml
Bianco Extra Dry Rosso	21 zł	Jack Daniels	20 zł
		Ballantines	20 zł
TEQUILA	40 ml	Glenmorangie 10 YO	40 zł
Tequila Blanco	20 zł	Glenmorangie 12 YO	50 zł
		Glenmorangie 14 YO	60 zł

GIN	40 ml	LIQUEURS	40 ml
Bombay Sapphire	18 zł	Bailey's	19 zł
	21 zł	Jägermeister	16 zł