

MENU EN



Welcome to Fregata

~ a place with a unique view and wonderful atmosphere.

We have been creating this place with passion for over 20 years. We base the project on regional cuisine with tradition, without forgetting about your personal preferences, after all, we have known each other for years ;-)

In addition to the main menu, we offer a seasonal card in which we take advantage of the benefits of particular seasons.



STARTERS

Bruschetta with pulled duck roasted onion cherry with chilli Campfire potato herring tartar sauce Smoked beef tartare brown butter toast Zucchini pancakes with smoked salmon cream fresh fresh dill	80 g 100 g 100 g 150 g 100 g 100 g 100 g 100 g		
SOUPS soups & stews served in baked bread with	garlic sauce		
Old polish sour soup with egg and white sausage	250	20.1	
OUR BESTSELLER FOR 20 YEARS	350 ml	38 zł	
SOUPS served traditionally on a plate 350 ml			
Broth of four meat kinds with homemade noodles (saturday, sun		22 zł	
Vegan tripe with oyster mushrooms	350 ml	26 zł	
Old polish sour soup with egg and white sausage Homemade soup	350 ml 350 ml	26 zł 25 zł	
Seasonal soup	350 ml	28 zł	
Ask the staff about the current homemade and seasonal soup or ask for an insert to the MENU card.			
PASTAS			
Penne with pork tenderloin sun-dried tomatoes garlic chanterelles balsamico	380 g	54 zł 54 zł	
Spaghetti with shrimps peas cherry tomato garlic Parmesan380 g			
MEAT DISHES			
Half duck roasted in Porto and oranges potato dumplings			
red cabbage cherry sauce	500 g 100 g 100 g		
Beer roasted pork shank sautéed cabbage campfire potato Traditional Polish pork chop champignons campfire	500 g 100 g 100 g	59 zł	
potato salad	250 g 100 g 100 g 50 g	59 zł	
Pork tenderloin wrapped in bacon creamy sauce with boletus mushrooms campfire potato beetroot parsley carrot Turkey roulade with feta cheese and sun-dried tomatoes	200 g 100 g 100 g 50 g	64 zł	
blue cheese sauce spinach and potato pancake sugar peas Pulled beef in its own sauce potato pancakes Cheddar	200 g 100 g 100 g 50 g	59 zł	
pickled cucumber red onion chutney	200 g 100 g 50 g	64 zł	



FISH DISHES

Regional dish Fried "Kłodzki" TROUT fries raw vegetable Salad	300 g 200 g 100 g	59 zł		
Zander potato puree with chives seasonal vegetables creamy zucchini and leek sauce	160 g 150 g 100 g	62 zł		
HOMEMADE DUMPLINGS				
"Pierogi ruskie" - dumplings with potato and cottage				
cheese stuffing caramelized onions sour cream	350 g	38 zł		
SALADS				
Salad with grilled turkey breast grilled zucchini baked pumpkin				
cherry tomatoes herbal toast	300 g	47 zł		
FOR THE KIDS				
"Pierogi ruskie" - dumplings with potato and cottage				
cheese stuffing caramelized onions sour cream	350 g	38 zł		
Turkey nuggets fries ketchup	300 g	35 zł		
Steakhouse fries ketchup	150 g	16 zł		
Pancake with vanilla cottage cheese fruit	1 piece - 150 g	27 zł		
DESSERTS				
Hot apple pie ice cream scoop whipped cream	150 g 50 g	31 zł		
Pavlova meringue with vanilla mascarpone				
ice cream scoop seasonal fruits fruit sauce	280 g 50 g	34 zł		
Fried ice cream with hot raspberries	60 g	21 zł		
Ice cream cup 3 scoops of ice cream whipped cream seasonal fruit	s 60 g 3 x 50 g	32 zł		

Please ask for additional seasonal MENUS or MENU of the day.

For shared evenings with wine, we recommend our unique cheese and charcuterie BOARD from our smokehouse | herbed toasts

60zł.

HOT BEVERAGES

Blooming tea	600 ml	27 zł
Butterfly tea - blue magic	200 ml	23 zł
Specially selected loose leaf teas	250 ml	20 zł



JULIUS MEINL COFFEES

30ml	15 zł
150ml	15 zł
80ml	20 zł
180 ml	22 zł
220 ml	23 zł
180 ml 20 ml	28 zł
180 ml	22 zł
	150ml 80ml 180 ml 220 ml 180 ml 20 ml

COLD BEVERAGES

Natural mineral water still carbonated	330 ml	10 zł
	750 ml	16 zł
Homemade compote	200 ml	10 zł
Freshly squeezed fruit juice	150 ml	20 zł
Juice boxes: orange, apple, grapefruit, banana, blackcurrant	250 ml	11 zł
Coca – Cola, Coca – cola Zero, Fanta, Sprite	250 ml	16 zł
Tonic Water	250 ml	16 zł
Fuze tea	250 ml	16 zł
BURN energy drink	250 ml	28 zł

BEER

We offer a wide selection of beers from the Tucher Brewery (see separate card for details). We recommend a gift set; 6 pieces of TUCHER beer .

WINE

Specially selected best kinds of wine, composed to emphasize the taste of our dishes and provide you with a feast for the taste buds . (see separate card for details)

SPIRITS

WÓDKI 40 ml			RUM 40 ml
Finlandia	17 zł	Bacardi White	20 zł
Absolut	17 zł	Abuelo	25 zł



Wyborowa	13 zł
Żubrówka	15 zł
Craft liqueurs	19 zł
Available flavors further down the	menu.

Martini Bianco

Tequila Blanco

VERMOUTH 80 ml

TEQUILA 40 ml

22 zł

28 zł

Additionally, we have real treasures of taste for connoisseurs of sailor's rums. Details in the rum menu.

WHISKY 4	40 ml
Jack Daniels	22 zł
Ballantines	20 zł
Glenmorangie 10 YO	40 zł
Glenmorangie 12 YO	50 zł
Glenmorangie 14 YO	60 zł

		LIKIERY 40 ml	
GIN 4	0 ml	Bailey's	20 zł
Bombay Sapphire	25 zł	Jagermeister	19 zł
Santa Ana	25 zł	Calvados bottle 0,71	310 zł
Citadelle Rouge	25 zł		

COCKTAILS

LIMONCELLO SPRITZ Limoncello Prosecco wine sparkling water ice cubes lemon APEROL SPRITZ		38 zł	
3 parts of Prosecco wine 2 parts of Aperol 1 part of mineral water Kropla Délice sparkling water ice cubes a slice of orange		38 zł	
BACARDI COLA		38 zł	
Bacardi rum lime Coca - Cola ice cubes MOJITO		50 21	
Bacardi rum brown cane sugar sparkling water lime mint ice cubes CAMPARI		38 zł	
Campari orange juice orange particles ice cubes PINK GIN		38 zł	
Citadelle Rouge tonik pink raspberry syrup		38 zł	
CRAFT LIQUEURS			
SECRET GARDEN			
Tincture of several fruits and herbs. Nature closed with a bottle WOOD SPIRIT	40 ml	19 zł	
A tincture based on walnut and a combination of 33 herbs APPLE CAKE LIQUEUR	40 ml	19 zł	
A combination of apple in honey with spices such as cinnamon and cloves	40 ml	19 zł	
FLAVORED LIQUEURS			
from Quince raspberry cherry vodka artisan Lemon	40 ml	19 zł	



Please be advised that the dishes may contain allergens, a detailed list of them can be found in a separate card available at the bar. Please ask the staff.

The waiting time for the second dish in heavy traffic can be longer, we kindly ask for your understanding.